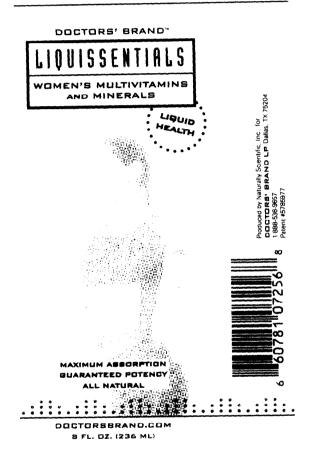
## RECOMMENDED BY LEADING PHYSICIANS



97S 0162 LET 12199

## WHY LIQUISSENTIALS?

The unique patented liquid colloidal form of Liquissentials allows them to be absorbed by the body much more completely than tablets and gel caps.

Precise manufactur-ing and independent testing ensure that Liquissentials contain all of the ingredients stated on their labels, with no contaminants.

Liquissentials do not contain artificial colors, flavors, binders, extraction solvents, sugar, yeast, wheat, gluten, corn, dairy, sodium, starch, or alcohol.

Supplement Facts Serving Size: 1 Tecopoon (5 ml) Servings Per Contolner: 47		
Amount Per Serving:	% Dally Value	
Vitamin A (Palmitate)	2.500 IU	50%
Vitemin C (Ascorbic Acid)	190 mg	300%
Vitamin D-3 (Cholecalciferoli) Vitamin F	400 IU	100%
(as D-Alpha Tocopharyl Acetate)	400 IU	1,333%
Vitemin K	90 mcg	
Vitemin B 1 (Thismine)	1.5 mg	100%
Vitemin B-2 (Riboflavin)	1.7 mg	100%
Vitamin B-3 (Nacinamide)	20 mg	100%
Vitamin B-6 (Pyridoxine HCL)	2 mg	100%
Folic Acid	400 mcg	
Vitamin B-12 (Cyanocobalamin)	6 mcg	
Biotin	300 mcg	100%
Vitamin B-5 (Pantothanic Acid)	10 mg	100%
fodine (as Potassium lodide)	150 mag	
Magnesium (as Magnesium Oxide)	25 mg	6.2%
Zinc (as Zinc Gluconate)	15 mg	100%
Selenium	200 mcg	100%
Copper	1 mg	50%
Manganese Change	2 mg	100%
(as Manganese Gluconate)		
Chromium (as Chromium Chloride) Molybdenum (as Sodium Molybdat	e 25 mog	
Choine	550 mg	
Calcium Pyruvate	75 mg	•
Lutein Esters	250 mcg	•

\*Daky Vakue not established

Other Ingredients. BioEnhanced\* Water, Glycerin, Propylene Glycol, Polysorbate 80, MicroActivated\* Colloidal Mineral Complex. Calcium Propienate, Sodium Benzoate, Potassium Southate Proprietary Flavoring Bland, Alummum, Antimony, Barium Beryllium, Bismutt Bern, Calcium, Charlium, Beryllium, Bismutt Bern, Calcium, Chorde, Codellium, Gellum, Genn, Cassium, Chloride, Cobalt, Calcium, Galdinium, Gallium, Germanium, Gold Hathium, Hoffmum, Hydrogen, Irdum, Itonopen, Rivonne, Gadelinium, Gallium, Germanium, Rodd, Hathium, Litethum, Magnessum, Neodymium, Nickel, Nobium, Osmium, Oxygen, Palladum, Phosphotus, Platnum, Potassium, Praseodymium, Rhenium, Rhodium, Rubidium, Ruthenium, Samarum, Scandium, Selenium, Silcon, Silver, Sodium, Strontum, Solter, Tantalium, Telinium, Terbuim Thallium, Thorium, Tin, Jitanium, Tungsten, Vanadium, Ytterbium, Yttrum, Zirconium

\*Daily Value not established.

May stain fabrics and surfaces. Reseal cap tightly and store upright

For adults only. This product is not intended to treat, cure, or prevent any disease. Do not use without consulting a physician if you take prescription drugs or if a medical condition is suspected or present.

## Women's Multivitamins & Minerals with Lutein\*

A daily dose of the 14 vitamins, many major minerals, 66 trace minerals, and Lutein. A recent landmark study published in the Journal of the American Medical Association reviewed all the published studies back to 1966 on the benefits of 9 of the vitamins. Based on this review and evidence showing that "most people do not consume an optimal amount of all vitamins by diet alone", the authors recommend "that all adults take (a) multivitamin daily." (J Amer Med Assn (JAMA) 2002; 287:3127-29(3116-29)). Lutein is an antioxidant that may aid in vision. (Brown L, Rimm EB, Seddon JM, et al. A prospective study of (Lutein) carotenoid intake and risk of cataract extraction in US men. Am J Clin Nutr 1999; 70: 517-24). Calcium Pyruvate (in the Women's Multi) reduces fat and helps increase muscle mass by increasing the amount of energy used by the mitochondria, the cells' metabolic furnace. (Stanko RT, et al. Pyruvate supplementation of a low-cholesterol, low-fat diet: effects on plasma lipid concentrations and body composition in hyperlipidemic patients. Am J Clin Nutr 1994; 59(2): 423-7.) Virtually every function of the body requires involvement of one or more minerals. There is scientific evidence that significant mineral deficiencies exist in the typical modern diet (e.g., USDA'S 1994-96 Continuing Survey of Food Intakes by Individuals). Thus, supplementation with a broad range of minerals is highly advisable.